



PREMIERE•GI

Premiere GI

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Flexible Sigmoidoscopy Prep

Procedure Date: _____ Time: _____ Arrival: _____

Location: _____

A Flexible Sigmoidoscopy is a procedure used to see inside the sigmoid colon and rectum. A Flexible Sigmoidoscopy can detect inflamed tissue, abnormal growths and ulcers. The procedure is used to look for early signs of cancer and can help doctors diagnose unexplained changes in bowel habits, abdominal pain and weight loss.

You need to purchase over the counter: 2 bottles of Fleet Enemas (green and white box). Fleet Enemas are available in most pharmacies. Please follow the instructions on the package insert to ensure a successful test.

The morning of the procedure please use 2 Fleet Enemas 2 hours prior to leaving for appointment. Once the Fleet Enemas are taken **DO NOT EAT OR DRINK ANYTHING UNTIL THE TEST HAS BEEN COMPLETED.**

- Take your medication as normal with a small sip of water.
- If you are a diabetic and take insulin, please only take ½ of your dose that morning. If you take pills, please skip that morning and bring with you to your appointment unless otherwise instructed.
- Most people can tolerate this procedure without sedation. If you think you will need sedation, please discuss with your doctor and arrange for a driver.