



PREMIERE•GI

Premiere GI

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Post Capsule Endoscopy- Patient Instructions

You have just undergone capsule Endoscopy. This sheet contains information about what to expect over the next two days. Please call our office if you have severe or persistent abdominal or chest pain, fever, difficulty swallowing, or if you have any questions. Our phone number is (941)334-9040.

- 1. Pain :** Pain is uncommon following capsule endoscopy. Should you feel sharp or persistent pain, please call our office.
- 2. Nausea :** Nausea is also very uncommon and should it occur, please notify the office.
- 3. Diet:** You may eat and drink as normal. There are NO dietary restrictions.
- 4. Activities:** Following the exam, you may resume normal activities, including exercise.
- 5. Medications:** You may resume all medications immediately. Do not make up for doses you have missed, just begin your normal dosage.
- 6. Further Testing:** Until the capsule passes, any type of MRI should be avoided. If you have an MRI examination scheduled within the next 3 days, it should be postponed, unless you visualized the capsule pass OR passage is confirmed by x-ray.
- 7. The Capsule:** The capsule passes naturally in a bowel movement, typically in about 24 hours. Most likely, you will be unaware of its passage. It does not need to be retrieved and can safely be flushed down the toilet. Occasionally, the capsule lights will still be flashing when it passes. In the absence of symptoms, should you be concerned that the capsule did not pass; an abdominal x-ray can be obtained after 14 days to confirm its passage.